**International Yoga Day**

**Today on 21st June 2023 9th International Yoga Day was observed by all the teachers, staff members and principal Shweta Deshpande ma’am of Sanskar Vidya Sagar. The students also contribute through videos yp mark the day. The theme of the day was’Yoga for Vasudhaiva Kutumbkam” or “Yoga for the welfare of all as one world, one family.” It raised awareness about the ancient physical and spiritual practice that yoga has brought to the world. All the participants exhibited yoga Postures heart and soul and promised to introduce this activity in their daily lives.**

**The event came to a conclusion with the appreciation for all the Sanskarians by Principal and Vote of thanks by Leena Sharma ma’am.**